

**DYAL SINGH EVENING COLLEGE
UNIVERSITY OF DELHI**

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NOTICE

This episode of Chasing Sunshine talks about ways to find meaning and purpose in life and how to overcome obstacles in reaching your goals.

Spotify: <https://open.spotify.com/episode/3SDnD4PUwciXNpxWykW7K2?si=JwHVs1uLRGmLTgPkM6MrJw>

Anchor: <https://anchor.fm/chasingsunshine/episodes/Finding-Meaning-and-Achieving-Goals-efok4r>

Apple Podcasts: <https://podcasts.apple.com/in/podcast/chasing-sunshine/id1509975249?i=1000479038775>

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**(Dr. Pawan Kumar Sharma)
Principal**